

# Anglican Parish of Woy Woy

## Weekly Bulletin

8 July 2018

7th Sunday after Pentecost

### In the coming week

#### Today

- 3.00pm Pastoral Care-St Andrew's  
5.00pm Sunday Night Live-St Andrew's

#### Monday 9 July

#### Tuesday 10 July

- 9.00am Cottage Crafters-The Cottage  
1.30pm Bible Study-104 Gallipoli Ave  
7.00pm Parish Council-St Andrew's

#### Wednesday 11 July

- 9.30am Communion-Blue Wave  
10.00am Communion-Peninsula Village  
1.30pm Senior Citizens-At Andrew's  
7.00pm Bible Study-Rosemary Gillham

#### Thursday 12 July

- 8.30am Communion-St Luke's  
10.00am Little Pelicans-St Andrew's  
10.30am Coffee & Chat-Ruby's, Umina

#### Saturday 14 July

- 9.00am Op-Shop Open

#### Next Sunday 15 July

- 8.00am Communion-St Andrew's  
10.00am Eucharist-St Luke's  
4.30pm Messy Church-St Andrew's

### Welcome to everyone visiting our churches!

Our services are all slightly different, but each offers a friendly space in which you can worship God and be part of God's community.

**St Andrew's at 8am: Holy Communion** is a less formal worship service.

**St Luke's at 10am: Holy Eucharist** has a more formal style of worship. The Eucharist is also celebrated at St Luke's on Thursdays at 8:30am.

**St Andrew's at 5pm: Sunday Night Live or 4:30pm: Messy Church (3rd Sunday of each month)** is a space for families with children and the young at heart to join in informal and fun worship, discussion and activities.

At our Sunday morning services you will need the **middle pages of this booklet** to join in the prayers and the Psalm that we read together.

If you need a **gluten-free wafer** at Communion, please tell the person who welcomed you at the front door before the service.

### We pray in silence before worship

Before worship speak to God.

During worship let God speak to you.

After Worship speak to each other.

Both of our churches are equipped with an audio loop. If you use a hearing aid, use the 'T' switch to connect.



### Locum's Reflection

#### Giving Thanks for our Weaknesses

Have you heard it said of someone that they were so heavenly good they were no earthly use? To be of use you have to have your feet planted firmly on the ground, and you mustn't have too high an opinion of yourself.

In his second letter to the Corinthians (2 Cor 12:2-10), St Paul opens himself up and shares personal and private truths about himself and this enables us to have a bit of an insight into his personality and his faith. He shares the fact that he has had a spiritual experience that is hard to comprehend or explain. Perhaps he had a 'near-death' experience when he glimpsed heaven. I'm sure you've heard of others having such experiences – seeing a bright light, hearing beautiful music and even hearing the voice of God. Experiences such as these are always for the person going through them and not for everyone. If you have had such an experience you will know that it is hard to explain and mostly need not be shared with anyone; however, such experiences, if they are of God, will always be reassuring or encouraging or faith-strengthening. As St Paul says, they are not something to boast about – just something to be privately thankful for. We are not meant to go around with our heads in the clouds or trying to stay on the mountain-top. Nor are we meant to seek after such experiences.

St Paul says that to make sure he doesn't big-note himself spiritually, God causes him to

come down to earth in a very firm way. God sends him a 'thorn in the flesh'. And even though St Paul prays hard to God pleading with him to remove it, he is left with it.

There are so many theories about what his 'thorn in the flesh' is; but no-one knows for sure. He could have had malaria, or an eyesight problem. He could have suffered from bouts of depression or have been beset by a repeated temptation. He calls it a weakness and he gives thanks for it because it grounds him and makes sure that he not seeing himself as a superior Christian.

St Paul ends this part of the letter by praising God for God's power and strength and for the fact that God uses him in spite of his weaknesses.

God can use our weaknesses for his glory and we should be thankful for that.

Love and prayers

Rosemary

### Pastoral Care Meeting

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Today Ms Bobby Redman will be our guest speaker. Bobby is a retired psychologist who was diagnosed with fronto-temporal dementia close to 3 years ago.

She will speak about Alzheimer's disease from her own personal experience.

She is a most engaging speaker – not to be missed!

We meet at St Andrew's at 3.00pm. Everyone is welcome.

## From the Parish

### Prayer for all in Newcastle Diocese

As parishes in the diocese consider future strategies maybe we can each pray this prayer  
*Come Holy Spirit of God, restore the lives which, without you, are lifeless and dead; kindle the hearts, which without you, are cold and dull; enlighten the minds which, without you, are dark and blind; fill the church which, without you, is an empty room; teach us how to praise and pray that we may grow together in love and have courage to make wise decisions as servants, messengers and ambassadors of God's reign, all this we ask in the name of Jesus Christ, our Lord.*  
Amen

### NAIDOC

Today marks the beginning of Naidoc Week. I have invited Aunty Di from Mingaletta to begin each of our morning services with a welcome to country. It is important to remember and pray for our indigenous brothers and sisters.

We can pray for those who meet at our local Centre – Mingaletta – and especially those who are connected to the Darkinjung people.

Have you read the articles in this month's edition of 'Encounter'?

### Reconciliation Prayer

Holy Father, God of Love,  
You are the Creator of all things.

*We acknowledge the pain and shame of our history and the sufferings of Our peoples, and we ask your forgiveness.*

*We thank you for the survival of Indigenous cultures. Our hope is in you because you gave your Son Jesus to reconcile the world to you.*

*We pray for your strength and grace to forgive, accept and love one another, as you love us and forgive and accept us in the sacrifice of your Son.*

*Give us the courage to accept the realities of our history so that we may build a better future for our Nation. Teach us to respect all cultures.*

*Teach us to care for our land and waters.*

*Help us to share justly the resources of this land. Help us to bring about spiritual and social change to improve the quality of life for all groups in our communities, especially the disadvantaged.*

*Help young people to find true dignity and self-esteem by your Spirit.*

*May your power and love be the foundations on which we build our families, our communities and our Nation, through Jesus Christ our Lord.*

(Wontulp Bi-Buya Indigenous Theology Working Group 13 March 1997 Brisbane, Qld).



# BECAUSE OF HER, WE CAN!

## 8-15 JULY 2018

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## We pray in silence before worship

As you prepare for this morning's service please pray for yourself and those around you. You might like to reflect on this thought for the week:

Of Jesus many said, 'What is this wisdom that has been given to him? What deeds of power are being done by his hands!' Mark 6.2

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## The prayer of the day

O Lord our God,  
you are always more ready to bestow  
your good gifts upon us than we are to seek them;  
and more willing to give  
than we desire or deserve:  
in our every need,  
grant us the first and best of all your gifts,  
the Spirit who makes us your children.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy  
Spirit, one God for ever and ever. Amen.

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## Today's readings

2 Samuel 5.1-5, 9-10                      Psalm 48  
2 Corinthians 12.2-10                      Mark 6.1-6

8.00am	Denise Hammond	Hendrina Collison
10.00am	Bill Gates	Anthea Haughain

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## This morning's hymns

188 Where wide sky rolls down  
446 Glorious things of you are spoken  
198 I greet you my Redeemer sure,  
*526 Lord Jesus Christ,*  
224 All hail the power of Jesus' name

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## For our prayers this week

Please pray for:

Respite care for children  
and adults with  
disabilities - Central Coast  
and Newcastle.



## Wider Community:

The First Peoples of the Diocese. Prisoners  
and those leaving prison.

## Anglican Cycle of Prayer

The Diocese of Guadalcanal. The Anglican  
Church of Canada. The Episcopal Church of  
Sudan and Southern Sudan. The Diocese of  
Bunbury.

## In the Diocese of Newcastle:

Our Bishop, Peter, Assistant Bishops, Sonia  
and Charlie. The priests and people of St  
Albans, Terrigal and The Entrance.

## In the Parish of Woy Woy:

We pray for our ministry team, Fr Michael,  
Rosemary, Fr Peter and Anthea, and we pray  
for ourselves and the work we do in the  
mission of this parish.

## For those seeking God's help:

Helen Baker, Rosemary Bond, Shannon,  
Gabiella Bulloch, Clare, Brett Donnelly,  
Carol Fraser, Judith Gearin, Jenny,  
Sandra Heath, Fr Ken Munns, Cecily  
Prentice, Elaine Rand, Lucy Roy, Mary,  
Heather Woodward.

Would those who wish to include names in the above list,  
please ensure that permission has been obtained from the  
person or their carer.

## Readings for this week

### 2 Samuel 5.1-5, 9-10

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Then all the tribes of Israel came to David at Hebron, and said, 'Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel.' So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned for forty years. At Hebron he reigned over Judah for seven years and six months; and at Jerusalem he reigned over all Israel and Judah for thirty-three years.

David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inwards. And David became greater and greater, for the Lord, the God of hosts, was with him.

### Psalm 48

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*(To be said by alternate half verse)*

1 Great is the Lord and greatly to be praised:  
**in the city of our God.**

2 High and beautiful is his holy hill:  
**it is the joy of all the earth.**

3 On Mount Zion, where godhead truly dwells, stands the city of the Great King:  
**God is well known in her palaces as a sure defence.**

4 For the kings of the earth assembled:  
**they gathered together and came on;**

5 They saw, they were struck dumb:  
**they were astonished and fled in terror.**

6 Trembling took hold on them, and anguish:  
**as on a woman in her travail;**

7 Like the breath of the east wind:  
**that shatters the ships of Tarshish.**

8 As we have heard, so have we seen  
in the city of the Lord of hosts:

**in the city of our God,  
which God has established for ever.**

9 We have called to mind your loving-kindness,  
O God:

**in the midst of your temple.**

10 As your name is great, O God, so also is your  
praise:

**even to the ends of the earth.**

11 Your right hand is full of victory  
—let Zion's hill rejoice:

**let the daughters of Judah be glad,  
because of your judgements.**

12 Walk about Zion, go round about her,  
and count all her towers:

**consider well her ramparts, pass through her  
palaces;**

13 That you may tell those who come after that  
such is God:

**our God for ever and ever, and he will guide  
us eternally.**

## 2 Corinthians 12.2-10

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I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given to me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, 'My grace is sufficient for you, for power is made perfect in weakness.' So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

## The Gospel: Mark 6.1-6

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He left that place and came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?' And they took offence at him. Then Jesus said to them, 'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.' And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching.

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### For next week

#### *Eighth Sunday after Pentecost*

2 Samuel 6.1-5, 12b-19

Psalm 24

Ephesians 1.1-14

Mark 6.7-13

#### **Hymns**

227 When morning gilds the skies

416 Great God, your Spirit, like the wind

413 Holy Spirit, come confirm us

390 *Alleluia, alleluia, give thanks to the risen Lord*

456 Your hand, O God has guided

### NAIDOC - Because of Her, We Can!

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As pillars of our society, Aboriginal and Torres Strait Islander women have played – and continue to play - active and significant roles at the community, local, state and national levels.

As leaders, trailblazers, politicians, activists and social change advocates, Aboriginal and Torres Strait Islander women fought and continue to fight, for justice, equal rights, our rights to country, for law and justice, access to education, employment and to maintain and celebrate our culture, language, music and art.

They continue to influence as doctors, lawyers, teachers, electricians, chefs, nurses, architects, rangers, emergency and defence personnel, writers, volunteers, chief executive officers, actors, singer songwriters, journalists, entrepreneurs, media personalities, board members, accountants, academics, sporting icons and Olympians, the list goes on.

They are our mothers, our elders, our grandmothers, our aunties, our sisters and our daughters.

Sadly, Indigenous women's role in our cultural, social and political survival has often been invisible, unsung or diminished.

For at least 65,000 years, Aboriginal and Torres Strait Islander women have carried our dreaming stories, songlines, languages and knowledge that have kept our culture strong and enriched us as the oldest continuing culture on the planet.

Aboriginal and Torres Strait Islander women were there at first contact.

They were there at the Torres Strait Pearlers strike in 1936, the Day of Mourning in 1938, the 1939 Cummeragunja Walk-Off, at the 1946 Pilbara pastoral workers' strike, the 1965 Freedom Rides, the Wave Hill walk off in 1966, on the front line of the Aboriginal Tent Embassy in 1972 and at the drafting of the Uluru Statement.

They have marched, protested and spoken at demonstrations and national gatherings for the proper recognition of our rights and calling for national reform and justice.

Our women were heavily involved in the campaign for the 1967 Referendum and also put up their hands to represent their people at the establishment of national advocacy and representative bodies from the National Aboriginal Congress (NAC) to ATSIC to Land Councils and onto the National Congress for Australia's First Peoples.

They often did so while caring for our families, maintaining our homes and breaking down cultural and institutionalised barriers and gender stereotypes.

Our women did so because they demanded a better life, greater opportunities and - in many cases equal rights - for our children, our families and our people.

They were pioneering women. Today, they are trailblazers.

Their achievements, their voice, their unwavering passion give us strength and have empowered past generations and paved the way for generations to come.

Because of her, we can!

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## Generosity

### Thank you

This week we say thank you to **Rosemary Gillham, the co-ordinators and members of the Parish Partners** at our churches. We appreciate how their ministry makes people in our churches feel welcome and cared for.

### Samaritans

Please remember to bring non-perishable food items and place them in the baskets provided near the door of the church for the work of the **Samaritans** organisation in our diocese.

### Direct giving

Thank you for your generous financial giving to the mission of our parish. We encourage parishioners to give directly to the '**Anglican Parish of Woy Woy**' account: BSB 032-527 ACCOUNT 228059.

### Reminder

If you would like a notice in the bulletin please give information to office staff by Thursday for inclusion in the bulletin the following Sunday.

### Parish Churches

St Luke's: 151 Blackwall Rd, Woy Woy (opposite Park Rd)  
St Andrew's 360 Ocean Beach Rd, Umina (near Albion St)

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## Ministry Team

### Parish Priest:

**Rev Canon Michael Davies** (on Long Service Leave)

**Rev Rosemary Gillham** (locum tenens)

Mobile phone: **0408416181**

Email: [rjgillham@bigpond.com](mailto:rjgillham@bigpond.com)

*Available on Wednesdays, Thursdays and Sundays*

### Associate Priest:

**Fr Peter Mumford**

Phone: (02) 4322 9121

Email: [ptierm@gmail.com](mailto:ptierm@gmail.com)

*Normally available Sundays and Wednesdays*

### Children & Family Worker:

**Anthea Haughain**

Mobile phone: **0421 779 305**

Email: [ahaughain@gmail.com](mailto:ahaughain@gmail.com)

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## The Cottage: parish office, op-shop and community space

151 Blackwall Road, Woy Woy 2256

PO Box 709, Woy Woy 2256

Phone: (02) 4344 1347

Website: [www.woywoyanglican.org](http://www.woywoyanglican.org)

E-mail: [woywoyanglican@gmail.com](mailto:woywoyanglican@gmail.com)

9.00 am to 4.00 pm Monday to Friday

**Refreshments are served after each of the services. We would love you to join us! At St Andrew's, refreshments are served in the foyer, and at St Lukes in the church hall.**

**At the end of the service, please introduce yourself so that we can welcome you properly. Ask for our Welcome Pack, which offers more information about who we are and what we do.**